



Dr. David Greenfield
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Addiction and Behavioral Medicine

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BIOGRAPHY

Dr. David N. Greenfield

Dr. Greenfield is the founder of [The Center for Internet and Technology Addiction](http://www.virtual-addiction.com) and Assistant Clinical Professor of Psychiatry at the University of Connecticut School of Medicine where he teaches Sexual Medicine and Behavioral Addiction courses and supervises in the psychiatry residency program. He is recognized as one of the world's leading voices on process and behavioral addictions and is author of [Virtual Addiction](http://www.virtual-addiction.com), which rang an early warning bell regarding the country's growing Internet Addiction problem as well as numerous medical journal articles and book chapters; he also serves as an editor for numerous psychiatric and addiction journals.

Dr. Greenfield lectures to public and medical groups throughout the world, and has appeared on CNN, Good Morning America, The Today Show, Fox News, ESPN, NPR and HBO. His work has been featured in U.S. News and World Report, Newsweek, People, Time, Washington Post, Wall Street Journal, and The Economist. He is widely credited with popularizing the *variable ratio reinforcement schedule* of process addiction and the *dopamine-behavioral addiction connection*.

Greenfield's recent research and clinical work is focused on the neurobiology and psychopharmacology of compulsive Internet and technology use, behavioral addiction medicine, and compulsive Smartphone use. Dr. Greenfield is a member of the American Society for Addiction Medicine, Fellow and Past-president of the Connecticut Psychological Association, The Sexual Medicine Society of North America, and American Society for the Advancement of Pharmacotherapy. Dr. Greenfield sits on the board of the Connecticut Association of Treatment of Sex Offenders. Dr. Greenfield and completed his post-doctoral training in Clinical Psychopharmacology. He resides and maintains an addiction and behavioral medicine practice in Connecticut.



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